

BSc (Hons) Sport & Exercise Science

Compulsory 

Optional 

Semester 1

Semester 2

Final Year

Exercise Metabolism
SLS511

Applications in Sports
Biomechanics
SLS512

Research Project
SLS506 (40 credits)

Applied Sport
Psychology &
Contemporary issues
SLS525

Applications in Sports
Biomechanics
SLS512

Advanced Sports
Development
SLS521

PE: Curriculum
& Development
SLS523

Strategic
Management
SLS510

Physical Activity,
Exercise &
Exercise
SLS527

Sport & Exercise
Nutrition
SLS528

Year 3
Placement
(Optional)

Placement SLS307 (DIS), SLS308 (DAS).

Preparation for Placement
(RC)

Year 2

Physiology Of Sport
& Exercise
SLS340

Biomechanics Of
Sport & Exercise
SLS317

Sports Coaching
SLS306

Sports Development
SLS301

PE: Theory
& Practice
SLS315

Sport & Leisure
Resource Management
SLS302

Research Methods
SLS313

Sport & Exercise
Psychology 2
SLS303

Strength &
Conditioning
SLS304

Skill Development
SLS305

Applied Fitness
Techniques
SLS316

Year 1

Sport & Exercise
Psychology
SLS113

Practical 1: Sports
SLS109

Exercise Science
SLS110

Effective Learning
SLS108

Practical 2:
Coaching Award
SLS112

Sports Policy
& Planning
SLS114

Principles of
Teaching & Coaching
SLS115

Effective Learning
SLS108

Semester 1

BSc (Hons) Sport Studies

Semester 2

Compulsory

Optional

Final Year

Advanced Sports Development
SLS521

Football & Society
SLS514

Research Project
SLS519

Sport & Identities
SLS515

Applied Sport Psychology & Contemporary Issues
SLS525

PE: Curriculum & Development
SLS523

Give Sport a Free Ticket?
SLS517

Strategic Management
SLS510

Year 3
Placement
(Optional)

Placement

Preparation for Placement

Year 2

Sociology of Sport
SLS337

Sports Coaching
SLS306

Sports Development
SLS301

PE: Theory & Practice
SLS315

Sport & Leisure Resource Management
SLS302

Research Methods
SLS313

Politics of Sport
SLS314

Strength & Conditioning
SLS304

Motor Learning & Performance
SLS305

Applied Fitness Techniques
SLS316

Sport & Exercise Psychology 2
SLS303

Year 1

Sport & Exercise Psychology
SLS113

Effective Learning
SLS108

Practical 1: Sports
SLS109

Sport & Society
SLS111

Effective Learning
SLS108

Practical 2: Coaching Award
SLS112

Sports Policy & Planning
SLS114

Principles of Teaching & Coaching
SLS115