



MSc Applied Sport & Exercise Psychology (commencing Sept. 20th 2010)

Why LEARN MORE about sport psychology?

The Programme

Sport and exercise psychology is developing rapidly in both the UK and Ireland in response to the need for a psychological approach to high performance sport and exercise initiation and adherence. This programme, the only postgraduate course at university level on the island of Ireland, provides the training, knowledge and skills you will need to develop your professional and research skills in the various areas of psychology applied to sport and exercise environments.

Entry conditions

Applicants must have gained a second class honours degree or better in a sport science or psychology from a university of the United Kingdom or the Republic of Ireland. Students from a sport-science background will graduate with a MSc in Sport and exercise psychology while those with an undergraduate degree in psychology will pursue a MSc in The psychology of sport and exercise.

Duration and Module attendance

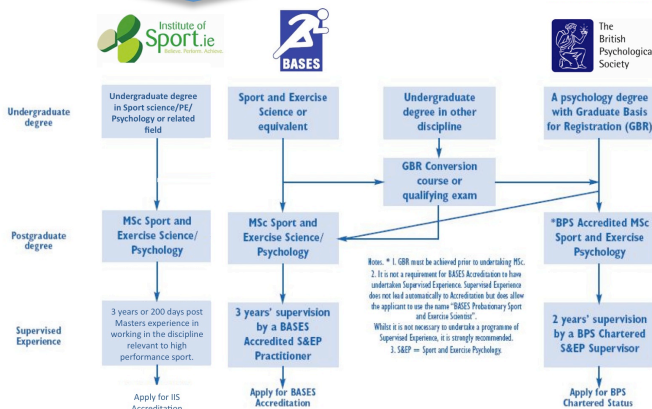
Full-time: Normally 3 semesters of study – 1 calendar year

Part-time: Normally 3 years

Sport psychology has now developed into a high profile international enterprise with very few sportspeople likely to finish their careers without having crossed paths with a sport psychologist along the way
Kremer & Moran 2010 (*Pure Sport*)

MODULES
Research Methods
Motor Cognition
Psychological Well-being
Applied Sport Psychology
Social Perspectives
Dissertation

How do you become a sport psychologist?



KEY FEATURES

The MSc in Sport and Exercise Psychology programme is unique in that it is the first postgraduate qualification in sport and exercise psychology provided at university level on the island of Ireland.

Entrepreneurship training is embedded within the modules to assist graduates in understanding how to commercialise their knowledge and training.

An emerging field of research, motor cognition (the study of action), forms a dedicated module on the course, and is the first module of its kind on any related Masters programme.

The MSc is a step towards the requirements for both BASES and IIS accreditation.