



# MSc Physical Activity and Population Health

## Further Information

Application forms may be acquired on-line directly from the University of Ulster postgraduate prospectus. [www.ulster.ac.uk/](http://www.ulster.ac.uk/)

### Or by contacting:

The Faculty Office  
Life and Health Sciences  
University of Ulster  
Jordanstown  
Telephone number: 028 9036 6029  
Email: [science@ulster.ac.uk](mailto:science@ulster.ac.uk)

Please note the closing date for all applicants is 31 July for commencement in September.

Should you require further details of the programme structure or content please contact:

### Course Director

Dr Gareth Davison  
Senior Lecturer  
Tel: 028 90366664

Email: [gw.davison@ulster.ac.uk](mailto:gw.davison@ulster.ac.uk)

## The Programme

Physical activity is often not taught in traditional postgraduate programmes associated with health promotion but is now recognised as an essential component for understanding population health. By taking the course you will increase your understanding of how physical activity can make a beneficial impact to modern society by potentially curtailing common diseases. You will also receive a grounding in popular aspects of health promotion. For careers in physical activity research or promotion, this postgraduate course is a must.

## Entry Conditions

Applicants must have gained a second class honours degree or better in a related discipline from a university of the United Kingdom or the Republic of Ireland, from the Council for National Academic Awards, the National Council for Educational Awards, the Higher Education and Training Awards Council, or from an institution of another country which has been recognised as being of an equivalent standard; or an equivalent standard (normally 50%) in a Graduate Diploma, Graduate Certificate, Postgraduate Certificate or Postgraduate Diploma or an approved alternative qualification; and provide evidence of competence in written and spoken English (GCSE grade C or equivalent).

In exceptional circumstances, where an individual has substantial and significant experiential learning, a portfolio of written evidence demonstrating the meeting of graduate qualities (including subject-specific outcomes, as determined by the Course Committee) may be considered as an alternative entrance route. Evidence used to demonstrate graduate qualities may not be used for exemption against modules within the programme.

## Duration and Mode of Attendance

The course is offered in full-time and part-time modes at the Jordanstown campus and is multidisciplinary in nature focusing on promoting the health of the public; epidemiology for population health; leadership and management in promoting the public's health; research methods for physical activity; nutrition for health and disease prevention; physical activity and disease prevention as well as completion of a research project.

**Full-Time:** Normally: 3 semesters of study – 1 calendar year

**Part-Time:** Normally 3 years

Teaching and learning methods vary between modules and range from workshops to formal lectures and small group discussion. One module is partially taught on-line, therefore basic computer skills are required.

All assessment is by coursework only where the majority of assignments are designed to be responsive to the professional needs of the student.

*The information provided in this leaflet is correct at the time of going to press but the course programme is subject to continuing development and the University reserves the right to make changes at any time, before or after a candidate's admission. As much notice as possible will be given of such changes.*

Large print copies of this leaflet are available  
from the Faculty Office tel. 028 70324159